#### **Communion Meditation – Psalm 32**

Psalm 32.4

Hounded by God August 12<sup>th</sup>, 2012

## vss 1 & 2 ~ Blessed are the Forgiven

- Being forgiven by God is the greatest possible blessing
- But we don't always enjoy it . . . Sometimes we barely enjoy it at all . . .

### vs 3 ~ Hiding / Protecting / Excusing Sin Eat Away at us . . .

- David was a believer all of his life . . .
  - Yet at times he loved sin more than God ~ Bathsheba (adultery & murder)
  - David didn't even realize it until Nathan confronted him . . .
- It's almost as if his eyes were veiled to the truth ~ sin deadened his senses

### vs 4a ~ "For day and night Your hand was heavy upon me"

- We now see why those whom God loves can't be happy in sin
  - Because God refuses to let us wallow in our sins . . .
  - Our holiness / obedience is important to Him . . .
  - o **Eph 2.8-10a** ~ We exist to do good works ~ Sins are not (*never*) good works

# vs 4b ~ "My vitality was turned into the drought of summer"

- We know what a summer drought is like ~ we're still in a bad one
- Ill: Passing out fliers yesterday (Jim ~ 80° ~ not 95° or 100°)
- High heat leaves us feeling enervated (opposite of invigorated)
  - That's what David describes God's hand as doing ~ reducing our energy
  - o God is the one who gives these bodies life & strength
    - He normally uses food & drink ~ but don't be fooled
    - III: Friend at LMSC Tired climbing stairs Died of leukemia weeks later

#### Sins of Omission and Commission

- Sin not only destroys ~ it also disrupts
- "Sin has you do something you shouldn't to prevent you doing something you should"

God loves His children and does not allow them to wallow in sin For every willful, habitual sin you've resigned yourself to ~ God will Do not be like the horse that requires a bridle to be useful